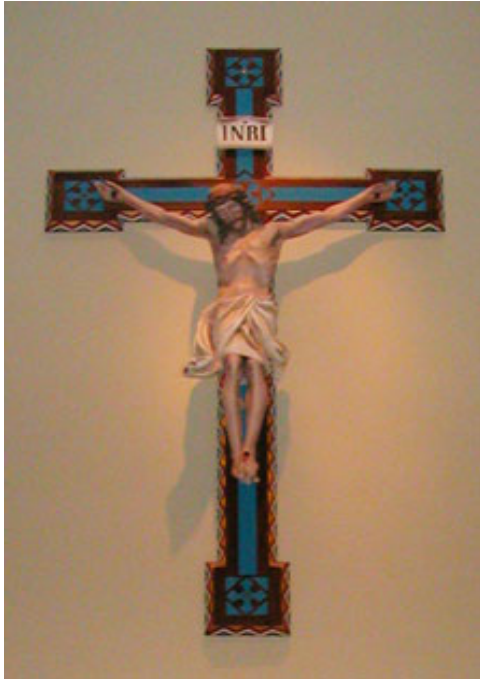


This prayer is found in the blue Pieta book: *To be prayed to gain a plenary indulgence during all Fridays of Lent...*

Prayer Before the Crucifix



Look down upon me good and gentle Jesus, while before Thy face I humbly kneel and with burning soul pray and beseech Thee to fix deep in my heart lively sentiments of faith, hope and charity, true contrition for my sins and a firm purpose of amendment, while I contemplate with great love and tender pity Thy Five Wounds, pondering over them within me and calling to mind the words which David, Thy prophet said of Thee, my Jesus, “They have pierced My Hands and My Feet, they have numbered all My Bones.” [Psalm 22: 17 – 18]

*(On any Friday during Lent a plenary indulgence is granted the Christian faithful who, after communion, devoutly recite the above prayer before an image of Jesus Christ crucified. On other days of the year the indulgence is a partial one.)
Indulged by Pope Benedict XIV (1740-1758)*

WHAT ARE THE USUAL CONDITIONS TO OBSERVE, TO BE ABLE TO OBTAIN A PLENARY INDULGENCE?

- 7.1. Sacramental confession, usually within a week before or after obtaining the Indulgence. One sacramental confession is sufficient for several indulgences.
- 7.2. Eucharistic Communion. Unlike confession, only one indulgence may be obtained for each Communion. Although this Communion may be fulfilled several days before or after obtaining the indulgence, it is preferable that this condition be fulfilled the same day. Thus, those who practice regular confession and daily Mass may obtain a plenary indulgence practically every day
- 7.3. Prayer in keeping with the intention of the Supreme Pontiff. Like Communion. Prayer for the Pope’s intentions must be recited for the gaining of each plenary indulgence. Although there are not prescribed prayers, the condition is satisfied by reciting one Our Father and one Hail Mary.
- 7.4. Having the soul completely removed from attachment to any form of sin. This is the most difficult condition as even attachment to venial sin precludes the possibility of obtaining the indulgence. However, note that the condition is not freedom from all venial sin, but from attachment to sin, that is, that there is no sin which the soul is unwilling to renounce.

8. HOW CAN WE HELP THE SOULS WHO ARE STILL IN PURGATORY?

"If you pray well, you will live well, if you live well, you will die well; and if you die well, all will be well." -St. Augustine